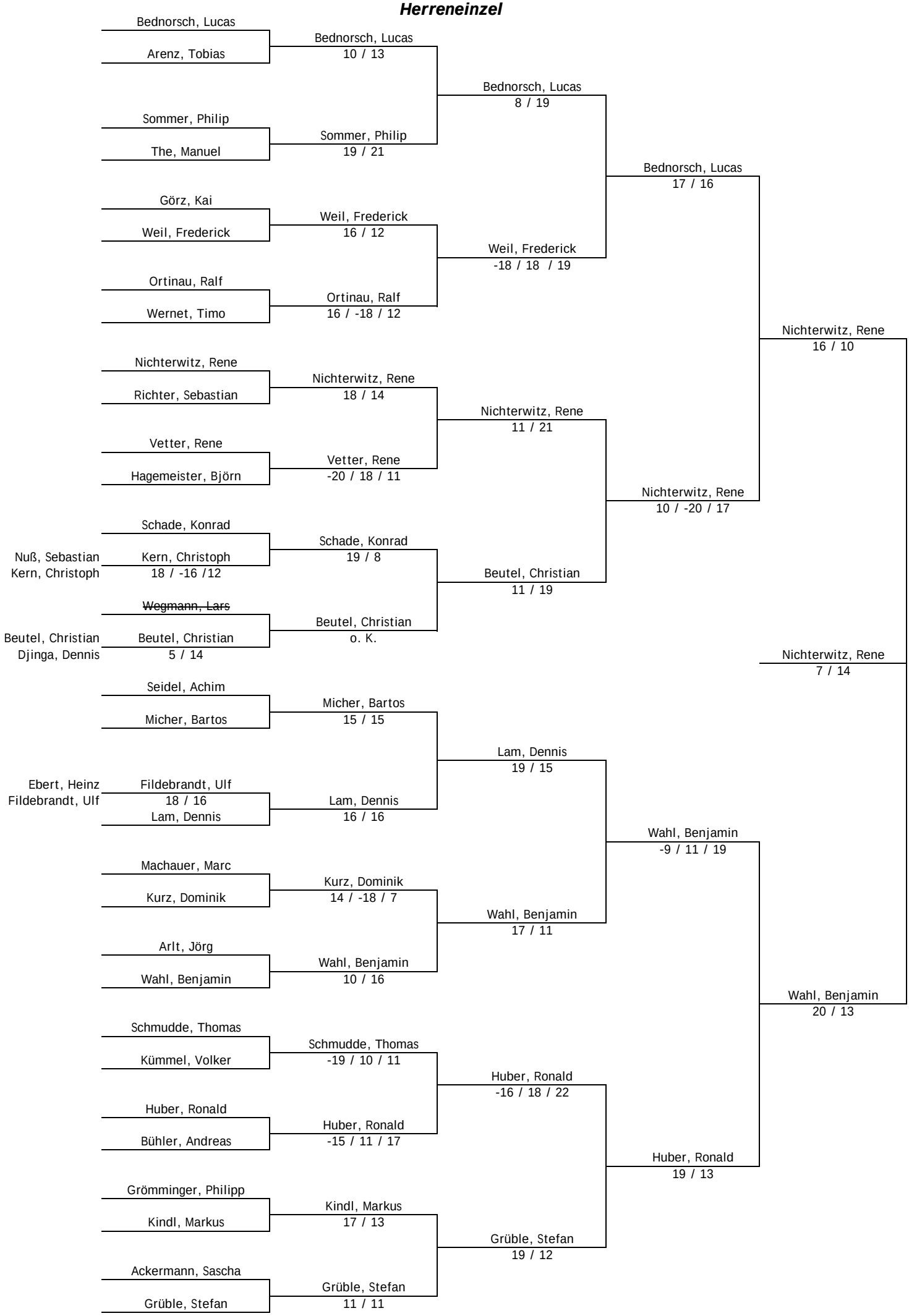Herreneinzel