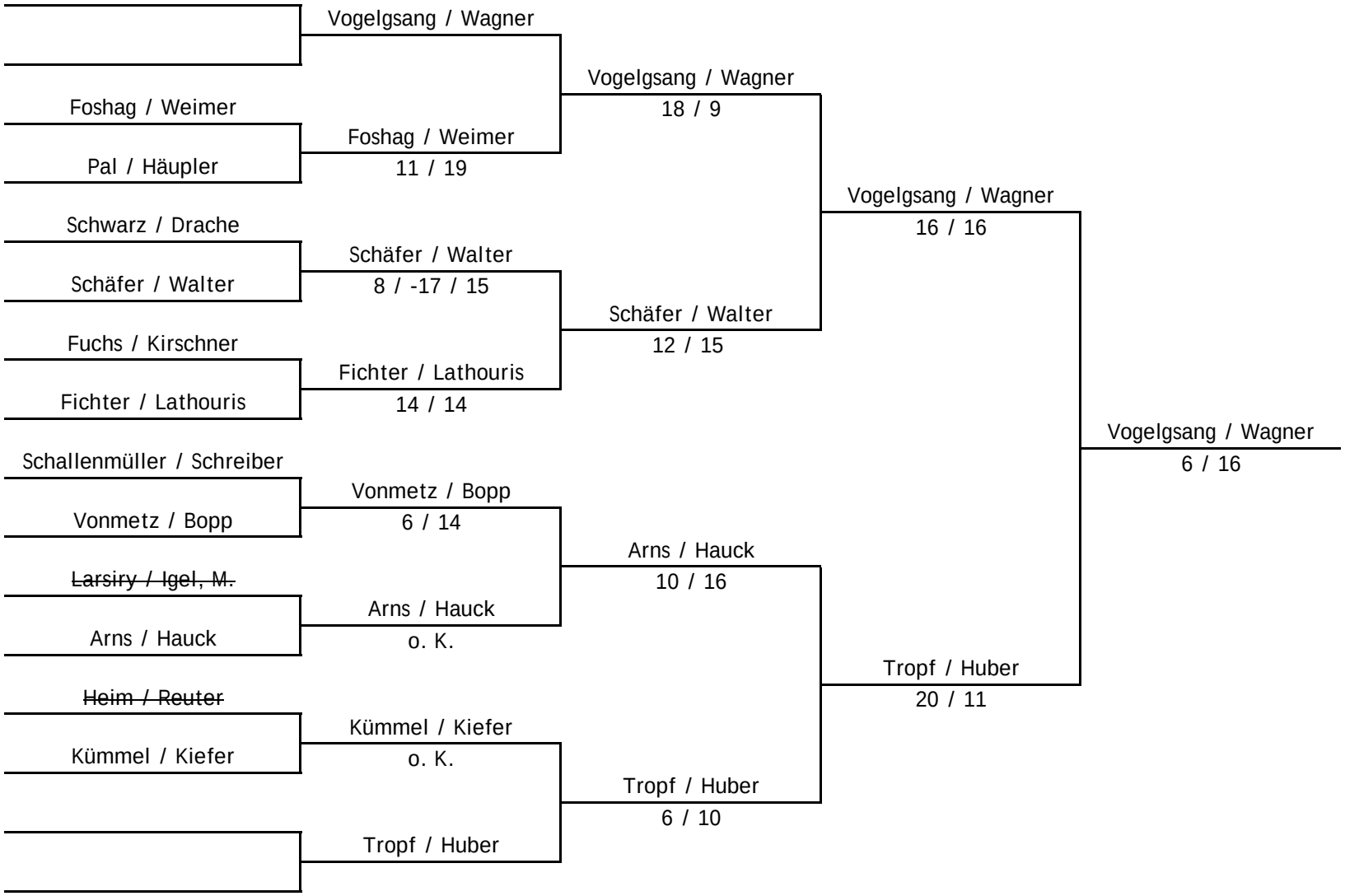Damendoppel